

se SONIA ESTEP
DESIGNS



Hailey
WOMEN'S SIZES 00-30

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1

Upper Bust: With your arms down, measure the horizontal circumference around the body, taken under the arms and above the fullest part of the bust. Do not let your tape move into your armpit.

2

Bust: Measure the horizontal circumference around the body, taken under the arms and across the fullest part of the bust apex. Make sure your arms are down when you record your measurement.

3

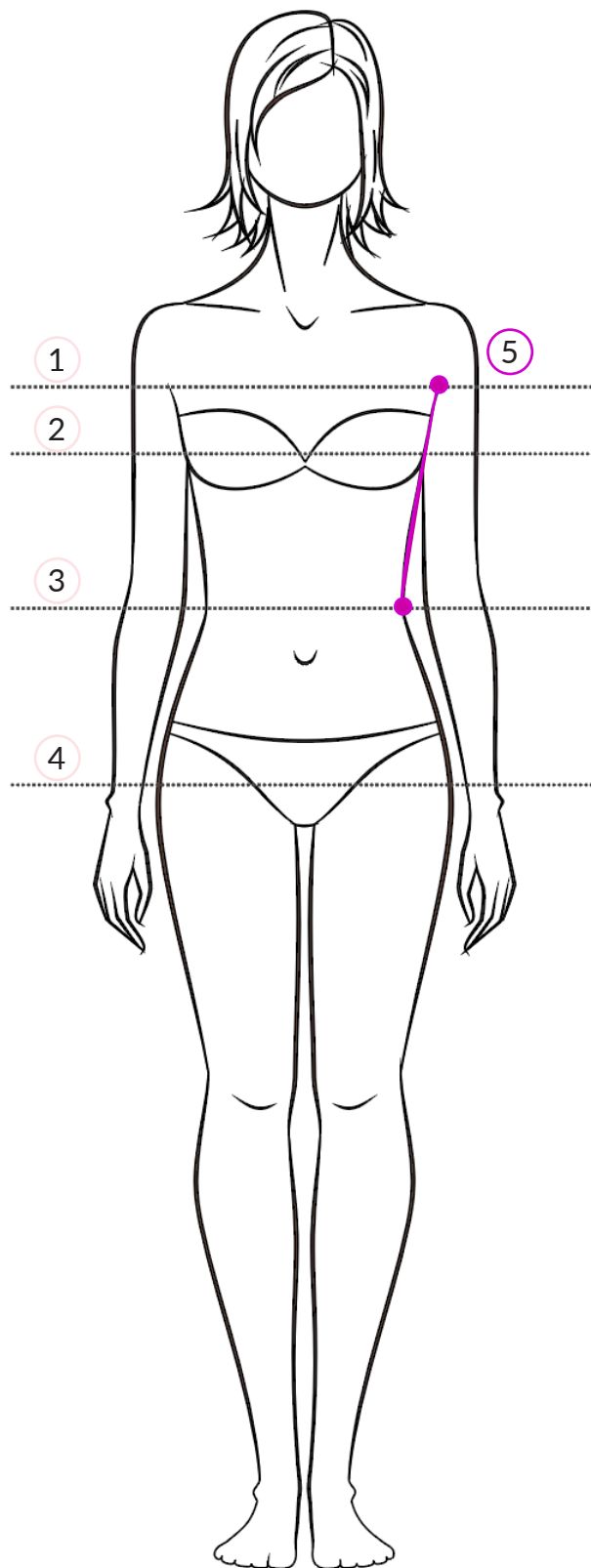
Waist: Measure the horizontal circumference around the body, taken at the smallest part of your torso. A quick way to find your waist is to bend to the side; the crease that is created is your waist line.

4

Hip: Measure the horizontal circumference around the body, taken at the largest part of your bottom.

5

Side Waist Length: Measure the distance from the crease at the armpit to the waist line, taken along the side of the body (contour).





Size Chart

4

Women's Sizes (Imperial)

	00	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30
Upper Bust	30	31 1/4	32 1/2	33 3/4	35	36 1/4	37 1/2	38 3/4	40	41 1/4	42 1/2	43 3/4	45	46 1/2	48 1/8	49 3/4	51 3/8
Bust	31 1/8	32 1/2	33 7/8	35 1/4	36 5/8	38	39 3/8	40 3/4	42 1/8	43 1/2	44 7/8	46 1/4	47 5/8	49 7/8	52 1/8	54 3/8	56 5/8
Waist	23 7/8	25 1/4	26 5/8	28	29 3/8	30 3/4	32 1/8	33 1/2	34 7/8	36 1/4	37 5/8	39	40 3/8	43 1/2	46 5/8	49 3/4	52 7/8
Hip	34	35 3/8	36 3/4	38 1/8	39 1/2	40 7/8	42 1/4	43 5/8	45	46 3/8	47 3/4	49 1/8	51 1/2	53 7/8	56 1/4	58 5/8	61
Upper Arm	9 3/4	10 1/8	10 1/2	10 7/8	11 1/4	11 5/8	12	12 3/8	12 3/4	13 1/8	13 1/2	13 7/8	14 1/4	15 1/8	16	16 7/8	17 3/4
Thigh	20 1/2	21 1/4	22	22 3/4	23 1/2	24 1/4	25	25 3/4	26 1/2	27 1/4	28	28 3/4	31 1/8	33 1/2	35 7/8	38 1/4	40 5/8

Women's Sizes (Metric)

	00	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30
Upper Bust	76.2	79.4	82.6	85.7	88.9	92.1	95.3	98.4	101.6	104.8	108	111.1	114.3	118.1	122.2	126.4	130.5
Bust	79.1	82.6	86.0	89.5	93.0	96.5	100.0	103.5	107.0	110.5	114.0	117.5	121.0	126.7	132.4	138.1	143.8
Waist	60.6	64.1	67.6	71.1	74.6	78.1	81.6	85.1	88.6	92.1	95.6	99.1	102.6	110.5	118.4	126.4	134.3
Hip	86.4	89.9	93.3	96.8	100.3	103.8	107.3	110.8	114.3	117.8	121.3	124.8	130.8	136.8	142.9	148.9	154.9
Upper Arm	24.8	25.7	26.7	27.6	28.6	29.5	30.5	31.4	32.4	33.3	34.3	35.2	36.2	38.4	40.6	42.9	45.1
Thigh	52.1	54	55.9	57.8	59.7	61.6	63.5	65.4	67.3	69.2	71.1	73	79.1	85.1	91.1	97.2	103.2

Height: 5'5" for all sizes.

Side Waist Length: 8" for all sizes.

Finished Measurement: Length from High Shoulder for Pants (Imperial)

00	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30
54 7/8	55	55 1/8	55 1/4	55 3/8	55 1/2	55 5/8	55 3/4	55 7/8	56	56 1/8	56 1/4	56 3/8	57 1/8	57 5/8	58	5 1/2

Finished Measurement: Length from High Shoulder for Pants (Metric)

00	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30
139.4	139.7	140	140.3	140.6	140.9	141.2	141.6	141.9	142.2	142.5	142.8	143.1	145	146.3	147.3	148.3





Fabric Requirements

6

Hailey is designed to be made using knit fabrics with good recovery.

Recommended Fabric

Double Brushed Poly Single Brushed Poly Athletic Knit Cotton Lycra

**** Fabric content will affect the fit of the garment.**

Intended Fit

Hailey is a halter dress in which the bodice has negative ease.

All yardage is based on 58" wide fabric. Directional fabric will require more yardage.

	00	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30
Above the Knee	1 3/8								1 5/8					1 7/8			
Knee Length	1 1/2								1 3/4					2			



Choose Your Format

7

SED patterns come in four different formats.

Trimless Overlap

Edge to Edge

Projector File

A0

A0 Format

If you don't want to tape or glue papers together, this is the format for you!

Take it to your local copy shop or order online!

Trimless Overlap

When assembling your trimless overlap pattern, you'll line up the edge of each page to the grey line printed on the right side of the corresponding page.

It can be printed on 8.5x11 or A4 paper.

Edge to Edge

The edge to edge pattern is trimless as well. To assemble it you will butt the pages together and tape. There will be about an 1/8" around each page that is not printed on.

It can be printed on 8.5x11 or A4 paper.

Projector File: This is a projector friendly format. It includes thicker line strokes, a 1" square on every corner, layers, and many more options that make it easy for you to use your projector to trace your patterns.

Need more help? Check out our video on printing and assembling your SED pattern [here](#)!



Pages to Print

8

Edge to Edge

8.5x11	00	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30
Above Knee	4,6-8,10-21									3-4,6-8,10-21							
Knee	4-8,10-21									3-21							

A4	00	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30
Above Knee	4,6-8,10-21							3-4, 6-8,10-21					3-4,6-21				
Knee	4-8,10-21							3-8,10-21					3-21				



Pages to Print

9

Overlap

8.5x11	00	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30
Above Knee	4,6-8,10-21						3-4,6-8,10-21								2-4,6-21		
Knee	4-8,10-21						3-8,10-21								2-21		

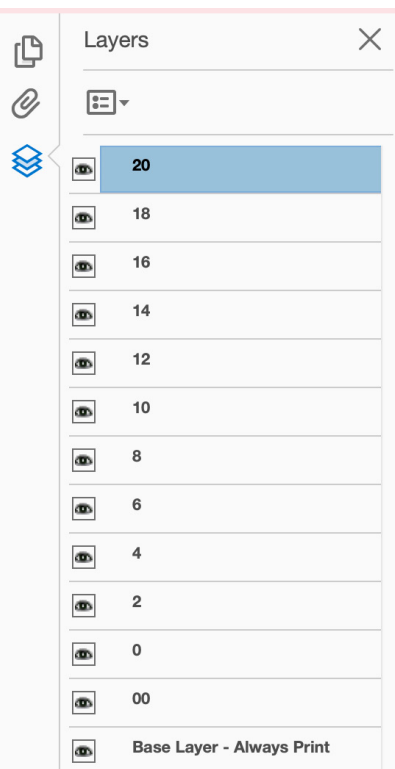
A4	00	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30
Above Knee	4, 6-8,10-21						3-4,6-21						2-4,6-21				
Knee	4-8,10-21						3-21						2-21				

Whether you choose to print the overlapping or edge to edge pattern, you will use the same printer settings.

Layers Feature:

Our patterns include layered pattern tiles which allow you to print only the size(s) you need. To do so, do the following:

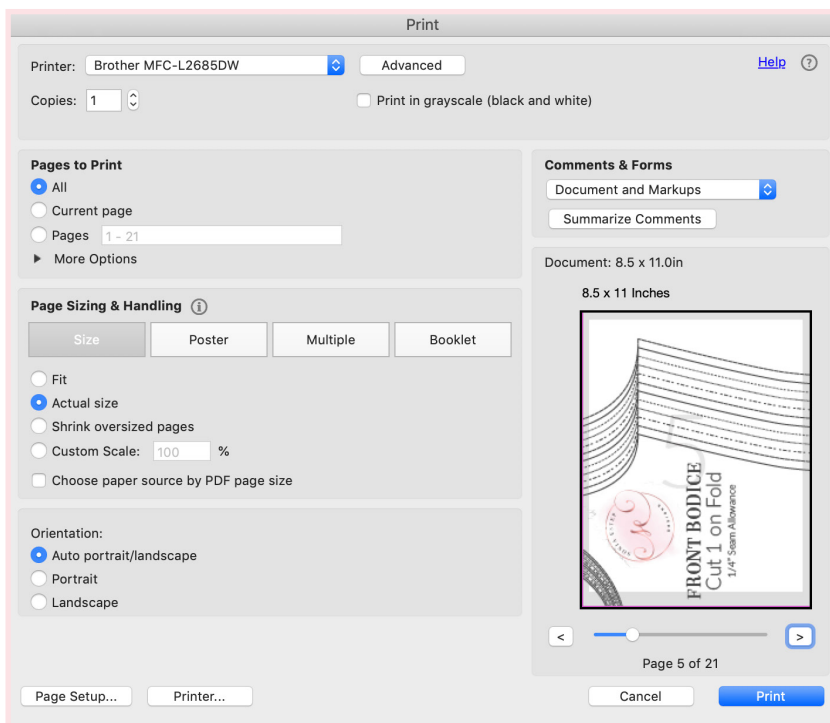
- ✓ Click on the layers icon  located on the toolbar to your left.
- ✓ You will see that each size is in its own layer with this icon  beside it; click on the icon beside each size that you do not need.

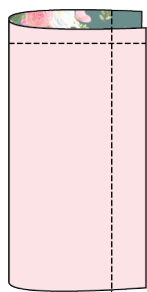


No matter what format you choose to print, you'll need to use the settings shown here



Before you print the entire pattern, print page 2 with the test square. After you have verified that the test square is accurate, go ahead and print the rest of the pattern with the same settings.





1/4" Seam Allowance Unless Stated Otherwise

Step 1.

Fold strap pieces in half width wise, wrong sides together.

Stitch as indicated in illustration.



Step 2.

Turn strap pieces right side out.

Press so that the seam is in the center back.



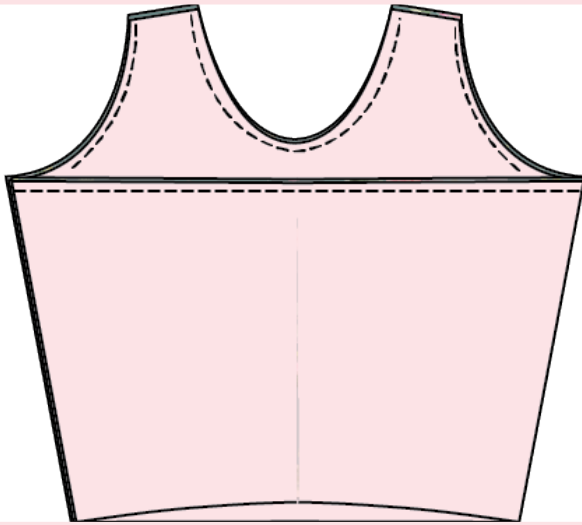
Step 3.

Place front and back main bodice pieces right sides together.

Pin/clip side seams.

Stitch.

Repeat with front and back bodice lining pieces.



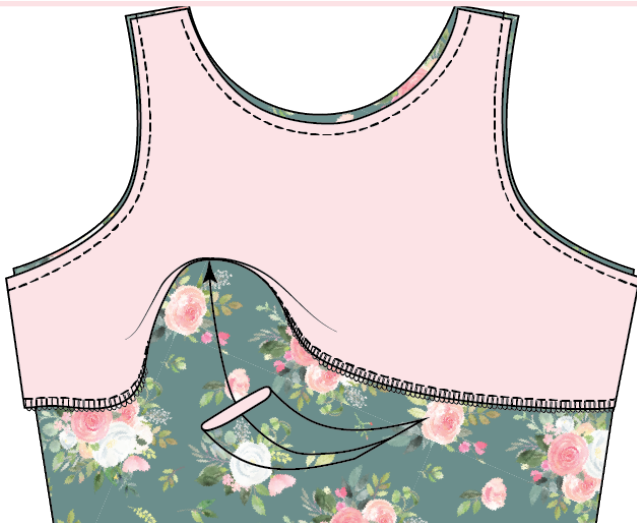
Step 7.

Place your main and lining bodices right sides together by inserting one piece into the other.

Pin/clip.

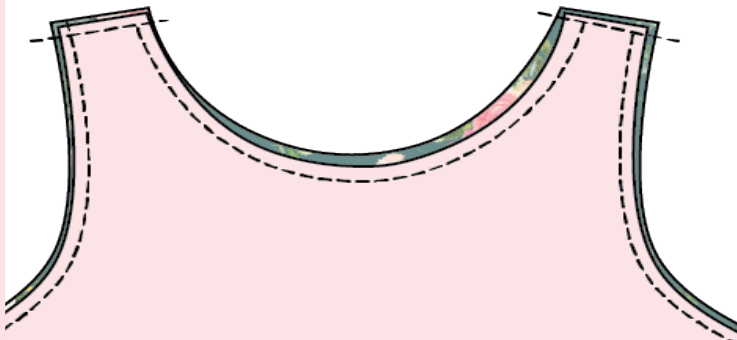
Stitch down the neck line and around the armscye, making sure not to stitch through the shoulders.

Tip: Use elastic here to provide more support.



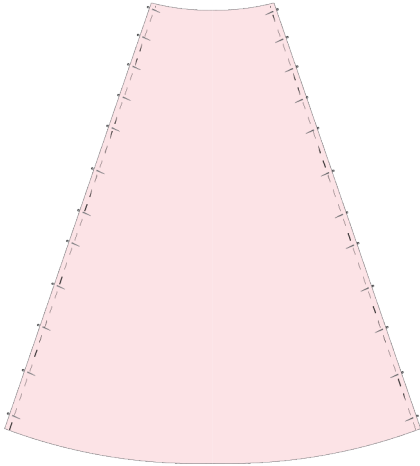
Step 10.

Insert raw side of your strap so that it is sandwiched between the right sides of your main and lining bodice pieces.



Step 11.

Stitch across shoulder and straps as indicated in illustration.



Step 12.

Place skirt pieces right sides together.

Pin/clip side seams in place.

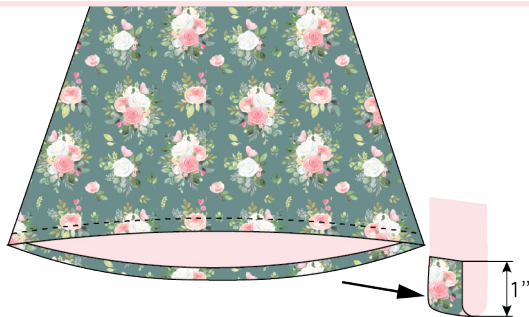
Stitch.



Step 12.

Quarter your bodice and skirt waist line. Insert the skirt into the bodice through the neckline, right sides and raw edges together. Make sure to align your center back, center front, and side seams. Pin/clip in place. Stitch.

Tip: Use elastic to provide support for the skirt.



Step 13.

Fold the bottom raw edge of your dress wrong sides together 1".

Hem.